



Noleen Thurman CD(DONA)  
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Agreement for use of TENS Unit in Labor

- I, Noleen Thurman CD(DONA), have been trained in the use of TENS (transcutaneous electrical nerve stimulation) for the relief of pain during labor. Should my client, \_\_\_\_\_, desire the use of TENS in labor, consent from her care provider (midwife or physician) is required.
- The TENS Unit will be used in accordance with the instructions provided with the TENS unit, and in accordance with training and use as recommended by DONA International.
- The success of TENS in labor is neither guaranteed nor warranted.
- A TENS unit must not be used by anyone fitted with a cardiac pacemaker, who has a heart disease or suffers from epilepsy. If you have any concern whatsoever consult your medical advisor prior to use.
- The TENS unit cannot be used in the water. Unit must be turned off and all stimulation pads must be removed prior to getting in tub or shower.
- The TENS unit must not be used until the pregnancy has reached full term ( end of 37 weeks onwards).
- The client will discuss use of TENS with their clinical care provider (licensed midwife, nurse midwife, family practitioner, or obstetrician) and have their care provider sign this form that indicates consent to use of the TENS unit in labor, and the care provider will note in the patient's medical chart that use of TENS unit is approved.

In signing this document, you as the client, agree to the above terms and conditions.

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Client's Signature

Date

As the care provider, you approve the use of the TENS unit in labor and will included a copy of this signed form in my medical chart or note approval of its use in the medical chart.

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Care Provider's Signature

Date